

**LIFEHACKS**  
**LIFE IS A MARATHON**  
Proverbs 24:16, Hebrews 12:1-2

Life is not a \_\_\_\_\_ but a \_\_\_\_\_.

In Hebrews 12, verses 1 and 2, we have guidelines for running that marathon.

**FIRST, TAKE A LOOK AT THE \_\_\_\_\_.**

*Therefore, since we are surrounded by such a great cloud of witnesses...*

Hebrews 12:1

“I believe in the communion of the saints...”

The Apostles Creed

**SECONDLY, RUN \_\_\_\_\_.**

*Let us throw off everything that hinders and the sin that so easily entangles...*

Hebrews 12:1

We must cast aside any \_\_\_\_\_ or harmful \_\_\_\_\_ that would interfere with our Christian mission and ministry.

**THIRDLY, RUN WITH \_\_\_\_\_.**

*Let us run with perseverance the race marked out for us.*

Hebrews 12:1

We build endurance by crashing through \_\_\_\_\_ points.

Jesus said, “*He who endures to the end will be saved.*”

Matthew 24:13

**FOURTHLY, WATCH YOUR \_\_\_\_\_.**

*Let us fix our eyes on Jesus...*

Hebrews 12:2

“*The Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.*”

John 14:26

**FIFTH,** \_\_\_\_\_.

*I have fought the good fight, I have finished the race, I have kept the faith.*

2 Timothy 4:7