



LEVEL UP Knowledge & Truth

Jesus promised his followers they would know the truth about life and living AND that the truth would ultimately set them free. Our study this week will aim at exploring all the various ways we grow in knowledge of God's truth and how it inspires us to Level Up.

Day 1 Read John 8:12-33

What does Jesus mean when he says that those who follow him will have the light of life? Why did the Pharisees have such a hard time accepting Jesus? How can knowing the truth set someone free? Is there some sort of truth you are ignoring or avoiding in your life?

Day 2 Read Proverbs 1

One of the ways we grow knowledge is through life experience. What does this proverb have to say about that? What are some of the most important lessons you have learned from life experience? How can you live in such a way to not miss out on the truth available to you through your life experiences?

Day 3 Read Psalm 19

What does this psalm have to say about how we grow in the knowledge of God's truth? How does the beauty of creation speak to you about who God is? One day this week, spend some time in prayer while watching the sunrise or sunset and record what you feel like God was saying to you.



**LEVEL
UP**+



Day 4 Read Psalm 119

This is the longest psalm in the Bible. What would you say is its central message to us? What does that have to say about how we grow in truth? How does this psalm challenge you?

Day 5 Read 2 Peter 1:1-15

Let's go back to the central passage for this entire series. How many times does the word "knowledge" show up in this passage? The word implies a sort of knowledge that comes through personal and intimate experience. With that in mind, what jumps out at you about this passage? How do we get that kind of knowledge of Jesus Christ?

Day 6 Read Philippians 1:1-11

The author repeats the phrase "all of you" quite a bit in this short passage, which means it is addressed to a group of people. What does this say about one way we can grow in truth? Who are the people you allow to speak truth into your life? Who are you committed to speaking truth into?

Day 7 Read Matthew 7:15-29

What do these words from Jesus teach us about what to do with the knowledge we gain? In what ways have you been sitting on the fence? What is something you know you need to change, address or do something about that you have been putting off for a while? What specifically are you going to do about it this week?