

# THE WAITING ROOM

## Waiting On Me

Many of the “waiting rooms” we experience are the results of things we could not control, but there are some “waiting room” experiences we can control; those are the ones we create ourselves. What if we’ve actually just been waiting on ourselves? This week, we will explore what to do when it seems like you are your own worst enemy.

### Day 1 Read Judges 2:10-19

Who is Israel’s greatest enemy during the time of the judges—the Canaanites, or themselves? What sort of irony do you find in this passage? In what ways are you your own worst enemy?

### Day 2 Read Proverbs 30:7-20

Getting honest with ourselves about ourselves is one of the steps to getting out of a self-constructed waiting room. What does this passage have to say about that?

### Day 3 Read Genesis 25:19-34

What would cause Esau to trade his birthright for a bowl of soup? Often, when we get grabby and impatient, what we need is to hit the pause button and take a step back. How would that have helped Esau in this moment? How has pausing helped keep you from making a choice you would have regretted?

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## Day 4 Read Genesis 33:22-30

Jacob spent a good bit of his life on the run because he lied about who he was. He told his father he was his brother Esau in order to get the blessing of the firstborn. In light of this, why is the question asked of him in verse 27 so important?

## Day 5 Read Hebrews 12:4-13

While in waiting rooms of our own design, we must not confuse consequences for condemnation. Like the book of Judges, God will allow us to have what we think we want and face the consequences of our actions, but that never means that God condemns us. How does this passage from Hebrews 12 speak to this? Why is it so important for us to distinguish the two from one another?

## Day 6 Read Colossians 3:1-17

We often create our own waiting room experiences because we aren't willing to commit to a different way of life. We keep doing dumb and expecting different results. What does this passage call us to instead? How does this challenge you? How does it encourage you?

## Day 7 Read Psalm 103

As dark as the time of the Judges was—it was only a chapter in Israel's story. Things didn't stay this dark. Why is that important for us to hold onto in the middle of our self-made waiting rooms? How does this psalm speak to that? Make it your prayer today.

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