

# Rumble Strips

## Take the Wheel

At some point in time, you have probably run over a rumble strip on the side of the road. Rumble strips are there to help us stay in our lane and warn us when we are getting too close to running off the road. In life, it is really important for us to stay in our lane as well. This week, we start a brand new message series all about forming healthy boundaries in all of our most important relationships.

### Day 1 Read Genesis 1-2:1

We spent some time in worship talking about the collaborative nature of God—how God is not coercive and controlling but, instead, allows for creation and people to exist separately from Himself. How do you see this reflected in the creation account in Genesis chapter 1? How does this inform the way in which we ought to approach our relationships with one another?

### Day 2 Read Deuteronomy 30:11-20

What can we learn about God and boundaries from this passage? What does this say about God's heart for us? How ought that influence the way we understand God's boundaries for us?

### Day 3 Read Philippians 2:12-18

What does this passage say about the collaborative nature of God in regard to our salvation? Does this mean that we have a responsibility when it comes to experiencing God's salvation? Explain.

### Day 4 Read Genesis 3:1-13

In worship, we talked about how blame is the enemy of responsibility. How do you see that reflected in this passage? How does blame keep us from moving forward in our faith?

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**Day 5 Read Matthew 25:14-30**

**What does this passage have to teach us about owning our responsibility? Why do you think the one servant hid the money in the ground? In what ways do you identify with this servant?**

**Day 6 Read Galatians 6:1-5**

**Embracing what we are responsible for is crucial for healthy relationships. If we aren't careful, we can end up taking on too much of someone else's responsibility or handing off too much of our own. What does this passage have to say about that?**

**Day 7 Read James 1:2-13**

**How does this passage encourage you? How does it challenge you? When it comes to establishing healthy boundaries, it is easy to turn our attention to the difficult people in our lives, but this doesn't start with them—this starts with us. Spend some time in prayer and ask God to help you identify any sort of un-health in your life that you are not taking responsibility for.**

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